

1. Cut out each strip—there are two of every size, one for each side of the heart.
2. Start with the shortest pair. Take one strip, bring the ends together, and glue along the inside edge to form a teardrop shape. Repeat with the matching strip.
3. Move to the next size up. Wrap each strip around the smaller teardrop shapes and glue the ends in place. Continue layering each size in the same way, building up the shape.
4. Once both sides are complete, attach them to the center strip to form the heart.
5. Finish by punching a hole at the top and tying on a string.













